

WHAT CAN HELP PROTECT BLACK YOUTH FROM SUICIDE?

Connect. Invest. Uplift.

PROTECTIVE FACTORS <<

Community

Feeling connected to school, community, and other social institutions

Relationship

Feeling connected to others and receiving support from partners, friends, and family

Identity

Having a strong sense of cultural identity



Black youth have the **FASTEST GROWING** suicide rate compared to their peers of other racial and ethnic groups.

What you can do:

Connect with Black youth where they are

Invest in creative spaces and outlets

Uplift cultural traditions and beliefs

call.text.chat.988
suicide & crisis lifeline

Source: [Still ringing the alarm: An enduring call to action for Black youth suicide prevention.](#) (2023)