

# Zero Suicide in Health and Behavioral Health Care



These resources can help you learn more about Zero Suicide and take action.

## Learn More

## SPARK Talks: Zero Suicide in Health and Behavioral Health Care

#### http://sparktalks.sprc.org

Michael Hogan, PhD, Hogan Health Solutions LLC. (2014).

SPRC's SPARK Talks are **S**hort, **P**rovocative, **A**ction-oriented, **R**ealistic, and **K**nowledgeable videos of leaders in the suicide prevention movement who describe a new development or direction in the field that can have an impact on the burden of suicide.

## Zero Suicide Website

http://zerosuicide.actionallianceforsuicideprevention.org/

Author: National Action Alliance for Suicide Prevention, Zero Suicide Advisory Group. This website contains the following:

- Information describing the Zero Suicide approach—the concept and practice
- The Suicide Care in Systems Framework report, which presents the findings and recommendations of the Clinical Care and Intervention Task Force to the National Action Alliance for Suicide Prevention on four care environments: (1) emergency departments and medical-surgical units, (2) primary care and general medical settings, (3) behavioral health entities, and (4) crisis services
- The Zero Suicide Toolkit to help health care systems develop zero suicide programs (description of the toolkit follows)
- Two online workshops: <u>Safety Planning Intervention for Suicide Prevention</u> and <u>Assessment of Suicidal Risk</u> <u>Using C-SSRS</u>
- Links to receive updates about Zero Suicide and join the Zero Suicide Learning Collaborative

## Take Action

#### Zero Suicide Toolkit

#### http://zerosuicide.actionallianceforsuicideprevention.org/

Author: National Action Alliance for Suicide Prevention, Zero Suicide Advisory Group.

This online toolkit comprises six sections that contain information and links to tools to help develop a zero suicide program in health care systems, such as mental health centers, health plans, and primary care practices. Many of the tools are currently being used in health systems that have already implemented a zero suicide program. The sections of the toolkit are as follows:

- 1. Creating the Zero Suicide Culture
- 2. Ensuring Every Patient has a Pathway to Care
- 3. Developing a Competent Workforce
- 4. Identifying and Assessing Suicide Risk Level
- 5. Using Effective, Evidence-based Care
- 6. Continuing Contact After Care

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#### Suicide Prevention Resource Center

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