Suicide Prevention Resource Center
Promoting a public health approach to suicide prevention

The nation’s only federally supported resource center devoted to advancing the National Strategy for Suicide Prevention.
Creating a Legacy
Session 4

Suicide Prevention Resource Center’s Workshop Series for 2nd Year GLS Grantees

August 19, 2014
SPRC Facilitators

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Senior Prevention Specialist

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Campus Prevention Specialist
Today’s Session

- Homework worksheets
- Sustainability Strategy: Sustaining Trainings
- Action Plans
Sustainability Planning Model

1. Assess Current Objectives
2. Look at Big Picture
3. Decide What Needs Work
4. Prioritize What to Sustain
5a. Address Gaps
5b. Make New SMART Objectives
6. Create Sustainability Steps
7. Put your Plan into Action
Sustainability Strategy of the Day: Sustaining Trainings
✓ Working across departments and disciplines
✓ Primary prevention / promoting emotional well-being
Have you really talked with someone lately?

Share your thoughts and feelings today with someone that cares about you.

- Awareness and Skill Building Training
- Social Marketing
- Peer Education
- Online Health Assessment
- Stress Management Presentation and Activities
  - Think Differently, Feel Better Workshop
  - Campus Care Coalition

Stay Happy
TN CRISIS SERVICES AND SUICIDE PREVENTION

Presented by:
The Office of Crisis Services and Suicide Prevention
Melissa Sparks, MSN, RN
Current Sustainability Efforts

- The Tennessee Suicide Prevention Network – Funded by TDMHSAS is the statewide public-private organization responsible for implementing the Tennessee Strategy for Suicide Prevention as defined by the 2001 National Strategy for Suicide Prevention.

- Attempts to pass legislation requiring that certain professionals receive suicide prevention continuing education hours in order to be licensed to practice in TN.
• Embedding trainers within behavioral health organizations

• Development of suicide prevention curriculum specialized to the needs of the agency
Additional Strategies for Sustaining Gatekeeper Trainings

- Subsidizing trainings through sales of promotional items
- New trainers co-train with experienced trainers
- Penalty if trainers don’t do X# trainings/year
- Master trainer/other re-certification resources
Strategies for Continuing Mental Health Provider Training

✓ Attendees pay full price/grant doesn’t subsidize

✓ Prioritize high risk settings (e.g. JJ, foster care)

✓ MOUs with agencies within purview (e.g. Community MH Centers): include that everyone has to get trained

✓ Legislation or tribal mandate

✓ Train Counseling Center staff and community providers at the same time
How could you continue trainings after the grant?
## Making Your Sustainability Action Plan

**Objective:** Increase knowledge about available resources on campus  
**Sub-objective:** Maintain website

<table>
<thead>
<tr>
<th>Action Steps</th>
<th>Lead/Responsibility</th>
<th>Team Members / Others</th>
<th>Timeline</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Rewrite graduate intern job description to include maintaining website</td>
<td>Project Director</td>
<td>Counseling Center Director</td>
<td>April-May 2015</td>
<td>Train graduate intern on safe messaging</td>
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<td>Res. Life Coordinator</td>
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Questions?
Wrap Up

✓ Thank you!
✓ Continue to work on worksheets, bringing partners together if haven’t done so
✓ Share worksheets, *Action Plan* with PS, GPO, TAL
✓ Want more feedback? Talk to PS.
✓ Evaluation