

Follow Up Care Collaborations Overview

- Intro: What Are Grantees Doing Regarding Care Transitions?
- Florida LINC Approach
- Chickasaw Nation Medical Center's Approach
- Missouri and ReDiscover's Approach
- Q&A, Get Input on Your Challenges

March 21, 2018

Garrett Lee Smith Grantees' Annual Meeting

What Are Garrett Lee Smith Grantees Doing Regarding Care Transitions?

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Garrett Lee Smith Grantees' Meeting





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Approaches

Rapid Referral:

- ✓ Treatment visit set up before discharge
- ✓ First treatment appointment within 7 days post-discharge

Follow-Up Support:

- ✓ Stabilization follow-up within 24-48 hours
- ✓ Additional follow-up after initial appointment(s)



Up to 70% never make it to 1st appointment or don't go to more than a few appointments

➤ Knesper, AAS, & SPRC, 2010

Follow-Up Formats & Personnel: More Details

<p>One-Way Communication a.k.a. “Caring Contacts”</p>	<p>Postcards/Letters/Cards, Automated phone message, Text message</p>
<p>Two-Way Communication</p>	<p>Intensive care coordination, Phone (person), Text (person), Telemental health appointment, “Bridger group” In-person: Home visit, Street check-in</p>
<p>Who</p>	<p>In-house staff: Case manager, Clinician, Intensive Care Coordinator, Referral Coordinator? Crisis center, Mobile crisis team, Peer, Outreach worker (service partner)</p>

Barriers to Starting a Follow-Up Program

- ✓ Not a focus of the grant
- ✓ Lack of staff to conduct follow-up activities
- ✓ Staff turnover
- ✓ Difficulty of communicating across systems
- ✓ Rural area – too far to follow up
- ✓ Liability, “not our job”
- ✓ Bias against non-traditional follow-up approaches (e.g. cultural practices)
- ✓ Real-time data/EHR
- ✓ Transient populations

Resources & References

Reference

Continuity of care for suicide prevention and research: Suicide attempts and suicide deaths subsequent to discharge from an emergency department or an inpatient psychiatry unit. Knesper DJ, American Association of Suicidology, & Suicide Prevention Resource Center. (2010). Newton, MA: Education Development Center, Inc.

Resources

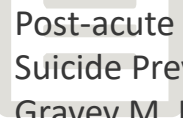
[SPRC's Caring for Adult Patients with Suicide Risk: A Consensus Guide for Emergency Departments, sections 3.4 & 3.5](#)

www.sprc.org

Transition: Zero Suicide Toolkit.

<http://zerosuicide.sprc.org/toolkit/transition>

Can postdischarge follow-up contacts prevent suicide and suicidal behavior? A review of the evidence. Luxton D, June J, Comtois, K (2013). *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, Vol 34(1), 32-41.



Post-acute Crisis Text Messaging Outreach for Suicide Prevention: A Pilot Study. Berrouiguet S, Gravey M, Le Galudec M, Alavi Z, & Walter M (2014). Post-acute crisis text messaging outreach for suicide prevention: A pilot study. *Psychiatry research*, 217(3), 154-157.