

Campus and Community Partnerships: Data Sharing and Program Planning

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Campus Mental Health Resources

- Counseling Services
 - Individual, couples, group counseling
 - Crisis hours
 - Counselor on call, 365 days a year
 - Educational programs and outreach
 - Mental health consultations
 - Social Workers, Psychologists, Psychiatrists
- Health Services
- Wellness Education Services

Research Goals

- To learn more about the mental health concerns that bring students to the Comprehensive Psychiatric Emergency Program at the hospital
- To examine demographic factors that influence student use of CPEP
- To learn more about CPEP criteria for admittance and discharge planning

Challenges, Lessons Learned, & Solutions

- Learning to set reasonable goals
 - Chart review of CPEP patients over the age of 18 whose primary occupation is “student” during a 5 year period
 - Didn’t factor in sheer number of cases involved
 - Most charts not in electronic format
 - Solution: review 1 year period for people ages 18 to 40
- Learning how to conduct research at a hospital
 - Had buy-in from CPEP medical director
 - Didn’t factor in UB medical technology officer, Medical Records, IT, HR, hospital research administrators
 - Solution: Had the Chief of Psychiatry personally advocate for us

Challenges, Lessons Learned, & Solutions

- Dealing with Personnel Changes
 - Hospital clinical research administrator and my grad assistant changed
 - Solution: Good record-keeping, don't delete emails or other correspondence
- Allow plenty of time to complete the project!



Using this data in suicide prevention

- To guide outreach and educational programs
 - Program topics
 - Target “at risk” student populations
- To revise policy to ensure ease of communication with hospital personnel
- To provide continuity of care for students who have a psychiatric crisis
- To guide counseling staff's training needs
- To share findings with other WNY colleges