

Teachers' Role in Students' Emotional Lives

Curt Mearns
Apex Education
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Natural Helpers

- Peer to Peer program
- Monthly events off school time
- Student nominated listeners (16-25/schl)
- Trained to break the code of silence
- Annual service learning project
- Includes an annual student retreat

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Evaluation & Validation

- Checking Assumptions
- Identifying outcomes
- Validating changing behaviors

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[Today's Focus: Assumptions]

- Students won't talk to teachers
- Students discuss emotional issues with limited number of peers

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[Students Won't Talk w/ Teachers]

2 Surveys

- Student Survey
 - Some students will **not** talk to teachers, but will talk to other students. **Agree: 92.7**
- Gatekeeper Survey (Alternative sources)
 - Do you think there were students who would chose other sources? **Yes: 100%**

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[With whom do students discuss emotional issues?]

3 Contexts

- Outside school
- Adults at school
- Students at school
 - **629 Respondents, 3 high schools**
 - **Male - 46.8%, Female - 53.2%**

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Outside School

Now	Outside of School? (select one person) 592 respondents
42.9%	Parent
32.3%	Brother or Sister
7.4%	Parent of a friend
6.8%	Some other adult outside school
6.8%	There is no one outside of school I can talk to.
2.4%	Neighbor
1.0%	Religious Leader
.5%	Club leader (e.g. Scouts, non-school sports)

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Students at School

Now	At School? (select one student) 599 respondents
84.6%	A friend of many years
5.8%	A new friend
5.2%	There is no student at school I can talk to.
2.2%	Some other student
1.0%	A Natural Helper
0.7%	A band or music leader
0.5%	A sports team captain

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Adult at School

Now	At School? (select one adult) 582 respondents
30.4%	Teacher
25.9%	There is no adult at school I can talk to.
21.8%	Counselor
11.0%	Coach
3.8%	Principal or other Administrator
3.6%	Some other adult at school
1.5%	School Nurse
.9%	A cafeteria worker
.7%	A school resource officer
.3%	A security worker

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[Follow-up Questions]

- If a friend told you about an issue they were concerned or worried about and the friend's health or well being was in question, would you talk to an adult? (611 respondents) **Yes - 80.4%**
- Has a teacher facilitated your ability to have this kind of conversation when you need it? (477 respondents) **Yes - 62.9% (conditional 1)**
- Could this conversation have happened without that help? (289 respondents) **No - 52.6% (conditional 2)**

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[Follow-up Questions (cont.)]

- How did the teacher help? (bubble all that apply) 552 respondents

28.6%	Other
26.1%	Teacher talked with me after class
24.2%	Gave hall pass
11.8%	Let me talk in class
9.3%	Gave slack on tardiness

- Have you been concerned or worried about an issue within the last 30 days where you needed to talk to someone? (616 respondents) **Yes - 26%**

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[Conclusions (you already knew!)]

- Teachers play a critical role in students emotional lives. (est. 25% of students)
- Teachers' role may be indirectly supportive.
- Students have a high need to manage emotional concerns.

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[Thank You]

Curt Mearns
Apex Education
curt@apexeducation.org
505 798 6965

Apex Education/cm/0310 13
