

YOUTH SUICIDE: THERE IS HOPE!

Louisiana Partnership for Youth Suicide Prevention



Gumbo of Results!



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Louisiana Partnership for Youth Suicide Prevention- “We Are A Team: Creating A Gumbo of Results!”



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NATIONAL STRATEGY FOR SUICIDE PREVENTION

- “Suicide exacts an enormous toll from the American people. Our Nation loses 30,000 lives to this tragedy each year, another 650,000 receive emergency care after attempting to take their own lives. The devastating trauma, loss, and suffering is multiplied in the lives of family members and friends!”

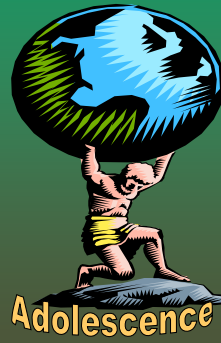
– *Preface From The U.S. Surgeon General: National Strategy For Suicide Prevention, 2001*

TAKE ACTION!

- Youth Suicide is a serious public health problem! U.S. Surgeon General states that “Americans nationwide can make a difference in preventing suicide and suicidal behaviors!”

LA Youth Suicide Prevention Task Force urges you as Louisianans-”We Must Talk About It, We Must Act Now, We Must Work Towards Preventing Another Louisiana Youth Suicide”

The World of



Adolescence

LOUISIANA STORIES OF SUICIDE

- Year 2006-2008-More Stories of Suicide
- Year 2008-LPYSP and statewide partners intervenes on various suicide attempt situations
- Year 2008-High School Principal dies by suicide
- Every Year an average of 497 Louisiana residents died by suicide each year and 100 are youth and children.
- In Louisiana an average of 1.4 suicides each day
- In Louisiana an average of 7.2 attempts every day
- Alarming news-adolescent age 15-19 had the highest hospitalized attempt rate: 16% of hospitalized attempts
- Source is SPRC-Louisiana Fact Sheet

LPYSP!

“A STATEWIDE IMPERATIVE ON
THE MOVE”



PLEASE JOIN US!!!!

YOUTH SUICIDE PREVENTION IS A
LOUISIANA PRIORITY?

- Suicide is the 3rd leading cause of death for adolescents in and the 2nd leading cause of death for college aged youth in Louisiana and in the nation!
- Adolescent Suicide cuts across ethnic, economic and social boundaries and has a tremendous and traumatic impact on survivors who are at high risk of suicide and emotional problems!
- This is an issue that not only affects the victim, in addition it affects the victim's family, friends, community and schools!
- For every suicide they are approximately 100 survivors that are affected by that one death and are at risk for taking their own lives!



LA TASK FORCE ADDRESSES YOUTH SUICIDE

- History
 - “This task force was developed out of the OPH- Louisiana Adolescent Health Initiative of the Family Planning Program in 2000 as a statewide response to the U.S. Surgeon General’s Call to Action to prevent suicide.”
 - *Trina Evans Williams, Chairperson –LA Youth Suicide Prevention Task Force*



LA YOUTH SUICIDE PREVENTION TASK FORCE “KEY INGREDIENT PART I”

- Louisiana’s State Suicide Prevention Plan is entitled, “Louisiana S.T.A.R. Plan”
- This plan is based on the national strategy and incorporates its eleven goals.
- Within this framework, the plan consists of core strategies which encompass education, clinical and professional organizations, public health, community-based initiatives, media youth serving organizations, legislation and the public-at-large.



LA YOUTH SUICIDE PREVENTION TASK FORCE HIGHLIGHTS

- LA S.T.A.R. Plan to Prevent Youth Suicides was developed
- Statewide Activities
- Training of Gatekeepers
- Awareness and Advocacy
- Resources and Resolutions



PARTNERS IN SUICIDE PREVENTION “KEY INGREDIENT PART II”

- Survivors
- State Agency Support
- Public Health professionals
- Mental Health professionals
- Medical Providers
- Education Professionals
- Law Enforcement
- Youth Programs and Parents
- Community Groups
- Churches and Civic groups
- College and Universities

“Suicide Prevention is
Everybody’s Business!”



“Suicide Prevention is
Everybody’s Business!”

PREVENTING YOUTH SUICIDE: USING A TEAM APPROACH

- Youth Suicide remains a serious problem, and the economic, social and personal cost for teens, their loved ones and society are great.
- However, A Problem As Complex As YOUTH SUICIDE Can Not Be Resolved With A “Magic Potion” or Single Solution!

“Suicide Prevention is Everybody’s Business!”



“Suicide Prevention is Everybody’s Business!”

Louisiana Partnership for Youth Suicide Prevention “KEY INGREDIENT PART III”



- Louisiana Office of Mental Health has been awarded funds under the Garret Lee Smith Memorial Act (SAMHSA) to implement the Louisiana Partnership for Youth Suicide Prevention.



Louisiana Partnership for Youth Suicide Prevention

- Project targets **10,000** youth and young adults ages 10-24 who are at increased risk for suicidal ideation, experiencing emotional and psychological problems while living in the hurricane impacted areas of Louisiana.
- The targeted geographic areas are the heaviest hurricane-impacted areas of Orleans, St. Bernard, Plaquemines, Vermillion, Calcasieu, Cameron and evacuees who live in East Baton Rouge.
- Advances strategies of the Louisiana's STAR Plan and School Plan
- Strengthen public and private partnerships
- Cultivate community efforts
- Mobilize existing resources
- Expand Gatekeeper Training
- Increase awareness of youth suicide and suicide prevention services
- Implement statewide interventions and activities
- **Develop successful strategies that will improve the mental health status of LA Adolescents and Young Adults**
- **Educate, Educate, Educate!**
- **Prevention, Prevention, Prevention is Key!**

KATRINA'S CHILDREN:

"A Call to Action- Addressing Present Needs"

- **Children's Defense Fund Statement:**

"It is time for a new civil rights Movement to reset America's moral and social compass and to restore hope, stability and a sense of future to Katrina children and all children in our nation.

Katrina's children face specific emergency mental health, health and education needs right now but they and all children need their families, communities and leaders to ensure them a healthy and safe foundation in the early years and a chance to reach productive self sufficient adulthood. Katrina's Children are America's opportunity to -once again-to heed the call to protect!"

- **Children's Mental Health Does Matter!**



Hurricanes Katrina, Rita, Gustav, and Ike hits landfall in Louisiana!

CHILDREN'S MENTAL HEALTH MATTERS

"The Road to Life"



We are committed to focusing on the behavioral, emotional, mental and social health of all children.



CHILDREN'S MENTAL HEALTH MATTERS!!!!

- About every 2 hours a young person kills himself or herself.
- 3,000,000 teenagers have considered or attempted suicide in the past year.
- Untreated youth with co-occurring conditions have high rates of suicide.
- Some victims of bullying have attempted or completed suicide to escape the harassment.
- 1 in every 33 children may have depression
- Suicide is the 3rd leading cause of death among youth and 2nd cause among college students
- "Newly released data from the National Survey on Drug Use and Health reveal that approximately 900,000 youths ages 12-17 made a plan to commit suicide during their worst or most recent episode on major depression and 712,000 acted on that plan by attempting suicide!"

—Charles G. Curie, Administrator, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services-January 2006-Advancing Suicide Prevention Volume II Issue I

LPYSP UTILIZING BEST PRACTICE STRATEGIES



“KEY INGREDIENT PART IV”

- Develop broad based support for Suicide Prevention at local and statewide levels
- Increase High Quality Peer Support Programs in schools and universities
 - Yellow Ribbon Chapters
- Expand Gatekeeper Trainings
 - Suicide 101
 - 2-Day ASIST
 - 1-Week ASIST Train of Trainers
 - Safe Talk
- Promote Awareness that Suicide is a Preventable Public Health Problem through the LPYSP Media Campaign
- Improve and expand data collection efforts
- Provide screenings for at-risk adolescents utilizing the Teen Screen model
- **Create 5 community coalitions with identified leadership**
- Provide leadership avenues for at-risk adolescents-Safe Talk Health Summits
- Include sessions on youth suicide as part of existing statewide meetings, in-services, conferences and trainings
- Integrate SP into existing programmatic activities
- To create a sustainable, effective program that impacts the physical and mental health of adolescents and their families
- To create a sustainable continuous system of care model that can be adapted statewide

LPYSP!

“Working Together With Our Local Coalitions”



BUSBOARDS= 910, 890
POTENTIAL MEDIA HITS

PLEASE JOIN US!!!!

2008 LPYSP UPDATE Community Coalitions

Coalition	Parishes Included	Status of Development
Northwest Suicide Prevention Coalition	Shreveport	Regular monthly meeting scheduled. Identified Leadership
Orleans	Orleans, St. Bernard, & Plaquemines	In planning stages. One meeting held. Meetings scheduled to occur in Year Three
Jefferson Youth Suicide Prevention Education Coalition (JYSPEC)	Jefferson	Regular meetings scheduled. Ten meetings held to date. Identified Leadership and Fiscal Agent identified.
Baton Rouge	East Baton Rouge and statewide partners	One meeting held at the Monthly Planning Council in Renaissance Village in Year One. In Year Two the State Advisory Board became the Baton Rouge Coalition. Three meeting scheduled each year. Five meetings held to date.
Regional Intervention and Suicide Education Coalition (RISE)	Lafayette & Vermillion	Regular meetings scheduled. Six meetings held to date. Identified Leadership and Fiscal Agent identified.
Suicide Prevention Intervention Coalition for Youth (SPICY)	Cameron & Calcasieu	Regular meetings scheduled. Seven meetings held to date. Identified Leadership and has applied for 501© 3 status.

PURPOSE OF COALITIONS?

- The coalitions vision, mission, and objectives
- Basic governance & operating rules of the coalition
- Leadership
- Membership
- Strategic & action plans
- Actions and results
- Funding
- Visibility in the community
- Public support
- Spirit of the coalition

TAKE ACTION IN LOCAL COMMUNITIES!

• ALL REGIONAL REPRESENTATIVES CAN HELP US BY:

- Support the implementation of the LA S.T.A.R. Plan and the LPYSP
- Serve as an informed resource and supporter of suicide prevention in your agency
- Educate the public about the scope of the problem
- Promote Gatekeeper Trainings on Youth Suicide Prevention
- Approve staff attendance at future LPYSP trainings on Youth Suicide Prevention-(i.e. ASIST, Suicide 101 or Safe-Talk)
- Incorporate suicide prevention into existing conferences, meetings or services
- Integrate SP Referral Systems of Care
- Sustain the LPYSP efforts to promote healthy lives, healthy futures and healthy families for LA youth and young- adults who are at suicidal risk.

YOU CAN HELP US!



The World of Adolescence

A Taste Of New Orleans Youth Summit!



FUN,
FUN
AND
MORE
FUN!



Free Agents Brass Band



DYNAMIC SPEAKERS:
Youthanasia Youth Leaders, Poets, Dancers and Presenting Mr. Stanley Schofield

RAFFLE



PRIZES



Refreshments

2007 LPYSP UPDATE: Yellow Ribbon Week Activities

Event	Location	Participants
Walk for Youth Suicide Prevention	Lafayette	160
State Capitol Rally	Baton Rouge	400
Poster/Essay Contest	Statewide	200 entries from 22 schools
Annual Suicide Prevention Conference	Baton Rouge	250

“ A total of **1,010 individuals** participated in the 2007 Yellow Ribbon Week Activities. Additionally, various promotional materials such as Yellow Ribbon cards (1000), brochures (600), tool bags (300), and yellow ribbon promotional packets (500) were distributed during the week’s events. Materials like the cards and brochures provided information about prevention, including resources such as the 1-800-273-TALK number; the other items created even more awareness for the issue of youth suicide prevention in the state of Louisiana.”

WHAT NEEDS TO BE MAINTAINED!

- The coalitions vision, mission, and objectives
- Basic governance & operating rules of the coalition
- Leadership
- Membership
- Strategic & action plans
- Actions and results
- Funding
- Visibility in the community
- Public support
- Spirit of the coalition

LPYSP Working Effectively with Local Coalitions

“Year Round Community Awareness Approach!”

- JYSPEC Coalition-Awareness Summit (2)
 - May 2008 Children’s Mental Health Week
 - September 2008-Yellow Ribbon Week
- Southwest LA Suicide Prevention Coalition Awareness Summit
 - September 2008-Yellow Ribbon Week
- SPICY Coalition-Awareness Summit
 - December 1, 2008
- RISE Coalition Upcoming Awareness Summit
 - February 5, 2009
- Awareness! Awareness! Awareness!
 - Lunch and Learn Community Awareness Tool!

Sharing the Keys of Awareness and Hope!



Sharing the Keys of Awareness and Hope!

“Year Round Community Awareness Approach!”

2008 LPYSP UPDATE: Yellow Ribbon Week Activities

Event	Location	Participants
Walk for Youth Suicide Prevention	Lafayette	300
State Capitol Rally	Baton Rouge	225
Poster/Essay Contest	Statewide	75
Local Awareness events sponsored by area coalitions	Shreveport and Jefferson	165
Annual Suicide Prevention Conference	Baton Rouge	150

“ A total of **915 individuals** participated in the 2008 Yellow Ribbon Week Activities. Additionally, various promotional materials such as LPYSP Awareness Cards (4000), posters (4000), tool bags (300), and yellow ribbon promotional packets (800) were distributed to promote the week’s events.

LPYSP TAKING ACTION IN 2008



“WE ARE A TEAM!”

Together Everyone Achieves More!

(Trina Evans Williams,
State Project Director-2008)

SUICIDE PREVENTION MESSAGE!

- As a team we are all on the mission to improve the health and save the lives of our state’s adolescents, **One life At A Time!**
- We know that this will take the combined efforts of us all.
- We know that awareness, education, training, advocacy and prevention are critical parts of saving the lives of some of our most values assets, our state’s youth!
- “The Louisiana Partnership for **Youth Suicide Prevention** is committed to youth who are at suicide risk **Our message is a “Call to Hope” and a “Call to Life”**
- **STORIES OF HOPE!**

Youth Suicide:



There is HOPE

AND THE HOPE CONTINUES..



Contact Information



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Health**

**LA Partnership for Youth
Suicide Prevention**

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**Louisiana Partnership for Youth
Suicide Prevention**

