



# Culturally Competent Care for LGBTQ Youth



## Resources

The following resources include videos, websites, reports, and toolkits that can help you **learn more** and **take action** to prevent suicide among the LGBTQ population.

### **SPARK Talks: Culturally Competent Care for LGBTQ Youth**

<http://sparktalks.sprc.org>

**Speaker:** Ashby Dodge, LCSW, Clinical Director, The Trevor Project (2015)

SPRC's SPARK Talks are **Short**, **Provocative**, **Action-oriented**, **Realistic**, and **Knowledgeable** videos of leaders in the suicide prevention movement who describe a new development or direction in the field that can have an impact on the burden of suicide.

### **The Trevor Project**

<http://www.thetrevorproject.org/>

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13–24. Their services for LGBTQ youth include 24/7 crisis support by trained volunteer counselors. They also offer trainings for adults who serve LGBTQ youth.

### **Gay, Lesbian, and Straight Education Network (GLSEN)**

<http://www.glsen.org/>

GLSEN is a national education organization focused on ensuring safe schools for all students. It provides free and inexpensive tools to help establish school Gay Straight Alliances, including Jump-Start Guides, Safe Schools policies, do-it-yourself training kits, and results from the National School Climate Survey of LGBT students.

### **Suicide Prevention among LGBT Youth: A Workshop for Professionals Who Serve Youth**

<http://www.sprc.org/training-institute/lgbt-youth-workshop>

**Author:** Suicide Prevention Resource Center (2014)

This free workshop kit can help staff in schools, youth-serving organizations, and suicide prevention programs take action to reduce suicidal behavior among lesbian, gay, bisexual, and transgender (LGBT) youth.

### **Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (ALGBTIC)**

<http://www.algtbic.org>

A division of the American Counseling Association, ALGBTIC seeks to increase awareness of the issues faced by gay, lesbian, bisexual, and transgender (LGBT) people and to improve standards and delivery of counseling services provided to LGBT clients and communities. Members of the organization have access to resources, including newsletters, journals, and e-mail lists.

### **PFLAG**

<http://www.pflag.org>

PFLAG (previously called *Parents, Families, and Friends of Lesbians & Gays*) promotes the health and well-being of lesbian, gay, bisexual, and transgender individuals and their families, friends, and allies. PFLAG's website contains sections on support, education, and advocacy.

### **Family Equality Council**

<http://www.familyequality.org/>

Family Equality Council connects, supports, and represents the three million parents who are lesbian, gay, bisexual, transgender, and queer in this country and their six million children. They provide advocacy, events, parent groups, programs, and resources. Equality Maps provide quick and easy summaries of laws that affect LGBT Americans on a state-by-state and issue-by-issue basis.

### **Fenway Health**

<http://fenwayhealth.org/>

Fenway Health is one of the world's largest LGBT-focused health centers. They provide access to the highest quality health care, education, research, and advocacy. In addition, their two LGBT help lines, staffed by trained volunteers, offer support, information, and referrals on a range of issues.

### **GLBT National Help Center**

<http://www.glnh.org>

This center offers free telephone, one-to-one chat, and e-mail support from peers (available during specific hours) on a variety of issues, as well as information and local resources for GLBTQ throughout the United States.

### **Family Acceptance Project**

<http://familyproject.sfsu.edu/overview>

The Family Acceptance Project is a research, intervention, education, and policy initiative that works to prevent health and mental health risks—including suicide, homelessness, and HIV—for lesbian, gay, bisexual, and transgender (LGBT) children and youth in the context of their families, cultures, and faith communities.

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### **August 2015**

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The Suicide Prevention Resource Center is supported by a grant from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA) under Grant No. 5U79SM059945.

### **Suicide Prevention Resource Center**

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