SPRC Highlights in 2020

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In a year of multiple public health challenges, SPRC provided critical support for suicide prevention efforts across the country. We increased our trainings in effective prevention, with more than 44,000 people completing an SPRC online course [1] and 1,200 participating in one of our webinars [2]. We also expanded our efforts to inform and engage the field, reaching more than 15,000 Weekly Spark subscribers and 30,000 Twitter [3] and Facebook [4] followers.

While we continued to focus on effective prevention in 2020, we also pivoted in response to COVID-19. To help meet the needs of prevention practitioners working in a variety of settings, we compiled a list of resources [5] to support mental health during the pandemic. We also produced a literature review [6] on the links between public health crises and suicide, a mental health care fact sheet [7] for older adults, and tips [8] for clinicians treating suicidal patients remotely.

Other noteworthy resources produced this year include state suicide prevention infrastructure success stories [9], Zero Suicide outcome stories [10], and a video [11] on weaving culture into prevention strategies. Check out more SPRC resources from 2020 [12] and look for more in the coming year!

Links within this resource
[1] https://training.sprc.org/
[3] https://twitter.com/SPRCtweets
[12] https://www.sprc.org/resources-programs?date%5bmin%5d%5ddate%5d=2020-01-01&date%5bmax%5d%5ddate%5d=2020-12-31&type=All&populations=All&settings=All&problem=All&planning=All&strategies=All&state=All&created_by_sprc%5b%5d=1

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