



## INTERNATIONAL: Brief Interventions Could Reduce Risk of Suicide

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News Type: Weekly Spark, Weekly Spark News

[HCP Live](#) [1]

A recent [analysis](#) [2] found that brief interventions may prevent suicide attempts in patients at risk. Researchers looked at 14 studies of brief suicide prevention interventions delivered in a single acute care visit to patients at risk of suicide. They found that single-visit brief interventions were associated with reduced suicide attempts and an increased chance of connecting with follow-up care. "Future efforts to implement brief suicide prevention interventions in acute care are likely to reduce patients' risk of future suicide attempts and improve their continuity of mental health care," the authors wrote.

**Spark Extra!** Watch our [video](#) [3] on brief interventions for emergency department patients.

### Links within this resource

[1] <https://www.hcplive.com/view/brief-interventions-risk-suicide>

[2] <https://jamanetwork.com/journals/jamapsychiatry/article-abstract/2767408>

[3] <http://www.sprc.org/micro-learning/how-emergency-departments-can-help-prevent-suicide-among-risk-patients-five-brief>

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