



## Reducing Loneliness and Social Isolation among Older Adults

Date: 2020 (For resources, this is the publication date. For programs, this is the date posted.)

### Information

Type: Fact Sheet/Issue Brief

Author: Suicide Prevention Resource Center (SPRC)

Publisher: Education Development Center, Inc. (EDC)

### See This Resource

[Reducing Loneliness and Social Isolation among Older Adults](#) [1]

This sheet provides information on the risk factors for and impact of loneliness and social isolation on older adults, tools to identify loneliness in older adults, and interventions and resources to reduce loneliness and isolation.

### Links within this resource

[1] <http://sprc.org/sites/default/files/Reducing%20Loneliness%20and%20Social%20Isolation%20Among%20Older%20Adults%20Final.pdf>

Printed on 04/17/2021 from <https://sprc.org/resources-programs/reducing-loneliness-social-isolation-among-older-adults>



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