Rising Suicide Rates at College Campuses Prompt Concerns over Mental Health Care

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As suicide rates rise among young people, U.S. colleges are stepping up their prevention efforts. To help support students who are struggling, Stanford University is adding mental health staff and changing its involuntary leave of absence policy. The University of Nevada, Reno is focused on making mental health services more accessible through campus-wide outreach programs. Prevention experts stress the importance of a comprehensive approach to preventing suicide on campus, including peer support. "This generation is talking more openly about their mental health and many in this age group will talk to one another long before they talk to an adult mental health professional," said Doreen Marshall, vice president of programs at the American Foundation for Suicide Prevention.

Spark Extra! Check out our virtual learning lab for campus suicide prevention [2].

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