



## After an attempt guides for families, providers and those being treated in EDs

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### Information

Type: Brochure/Booklet

Author: Substance Abuse and Mental Health Services Administration (SAMHSA)

Publisher: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

### See This Resource

[After an attempt guide for those receiving ED treatment](#) [1]

[After an attempt guide for families](#) [2]

[After an attempt guide for ED providers](#) [3]

These three booklets provide guidance on what to expect and what to do during emergency department treatment and continuing care after a suicide attempt. Originally created by the National Alliance on Mental Illness in partnership with the Suicide Prevention Resource Center, they were developed to help people after a suicide attempt, with each specifically geared toward 1) the person who has made an attempt, 2) their family members and 3) medical providers in the emergency department who provide care and treatment for suicide attempt survivors. In 2018 SAMHSA revised and updated the booklets.

The booklets are titled:

[After an attempt: A guide for taking care of yourself after your treatment in the emergency department](#) [1]

[After an attempt: A guide for taking care of your family member after treatment in the emergency department](#) [2]

[After an attempt: A guide for medical providers in the emergency department taking care of suicide attempt survivors](#) [3]



## Links within this resource

[1] <http://www.sprc.org/resources-programs/after-attempt-guide-taking-care-yourself-after-your-treatment-emergency>

[2] <http://www.sprc.org/resources-programs/after-attempt-guide-taking-care-your-family-member-after-treatment-emergency>

[3] <http://www.sprc.org/resources-programs/after-attempt-guide-medical-providers-emergency-department-taking-care-suicide>

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