



## A roadmap to behavioral health: A guide to using mental health and substance use disorder services

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### Information

Type: Manual

Author: Center for Mental Health Services (CMS)

Publisher: Substance Abuse and Mental Health Services Administration (SAMHSA)

### See This Resource

[Roadmap to behavioral health](#) [1]

[Una guía hacia la salud de conducta \(697.89 KB\)](#) [2]

The Center for Mental Health Services (CMS) developed this guide as part of their Behavioral Health Equity Resources collection. It provides information on mental health and substance use disorders, where to find treatment and how to obtain follow-up care in English and Spanish.

### Links within this resource

[1] <https://www.cms.gov/About-CMS/Agency-Information/OMH/Downloads/Coverage-to-Care-Behavioral-Roadmap.pdf>

[2] <https://sprc.org/sites/default/files/resource-program/CoveragetoCare-Behavioral-Booklet-Spa-508.pdf>



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