

Sustaining Connecticut Garrett Lee Smith Campus Efforts

Andrea Duarte, GLS Project Director
CT Department of Mental Health
& Addiction Services

Corrine King, GLS Project Coordinator
Wheeler Clinic, Inc.

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Suicide in Connecticut

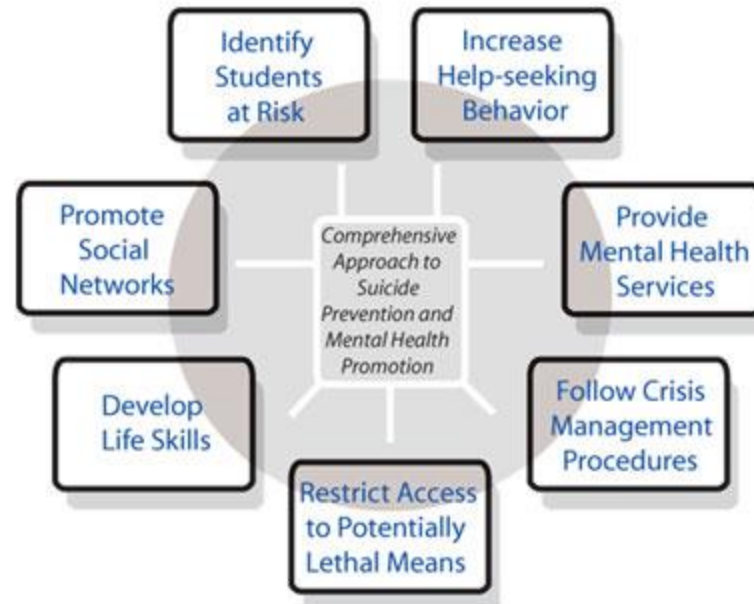
- **1999 to 2007** - Suicide has been one of the top 5 leading causes of death for 10-54 year-olds in Connecticut
- **2004** - Suicide is the second leading cause of death among college students nationwide

Prevention Science Behind the CT GLS

SAMHSA Strategic Prevention Framework (SPF)



The Jed Foundation/ SPRC Comprehensive Approach to Suicide Prevention and Mental Health Promotion



CT Garrett Lee Smith Grant

CT Campus Suicide Prevention Initiative

- **Purpose**

Develop and implement comprehensive, evidence-based suicide prevention/early interventions on Connecticut campuses.

- **Goal**

Reduce suicide contemplation, attempts and deaths of students ages 18-24 attending college in Connecticut.

CT Garrett Lee Smith Grant

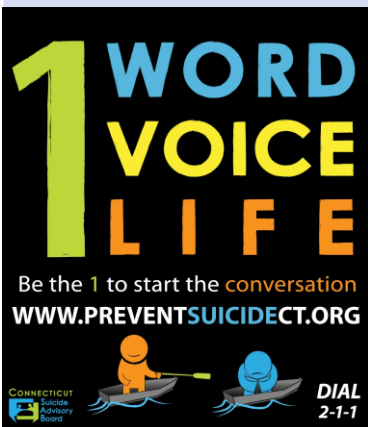
CT Campus Suicide Prevention Initiative

- Objective 1: Strengthen state and campus capacity and infrastructure in support of mental health promotion and suicide prevention.
- Objective 2: Develop, enhance, implement and sustain suicide prevention practices on Connecticut campuses.
- Objective 3: Conduct a process and outcome evaluation of the initiative.

Connecticut Suicide Advisory Board (CTSAB)

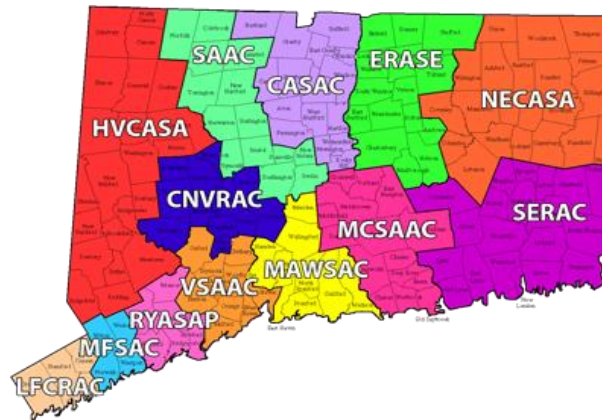


Pre-Grant	During the Grant	After the Grant
<p>Higher education was represented</p>	<p>Grant advisement</p> <p>Awareness campaign</p> <p>At-risk populations resources</p>	<p>Members will support the campuses</p> <p>Higher education will be included in the state plan revision</p>



Regional Action Councils (RAC)

Pre-Grant	During the Grant	After the Grant
<p>Infrastructure developed, substance abuse focused</p>	<p>Providing suicide prevention training</p> <p>Administering mini-grants</p>	<p>Provide suicide prevention training</p>



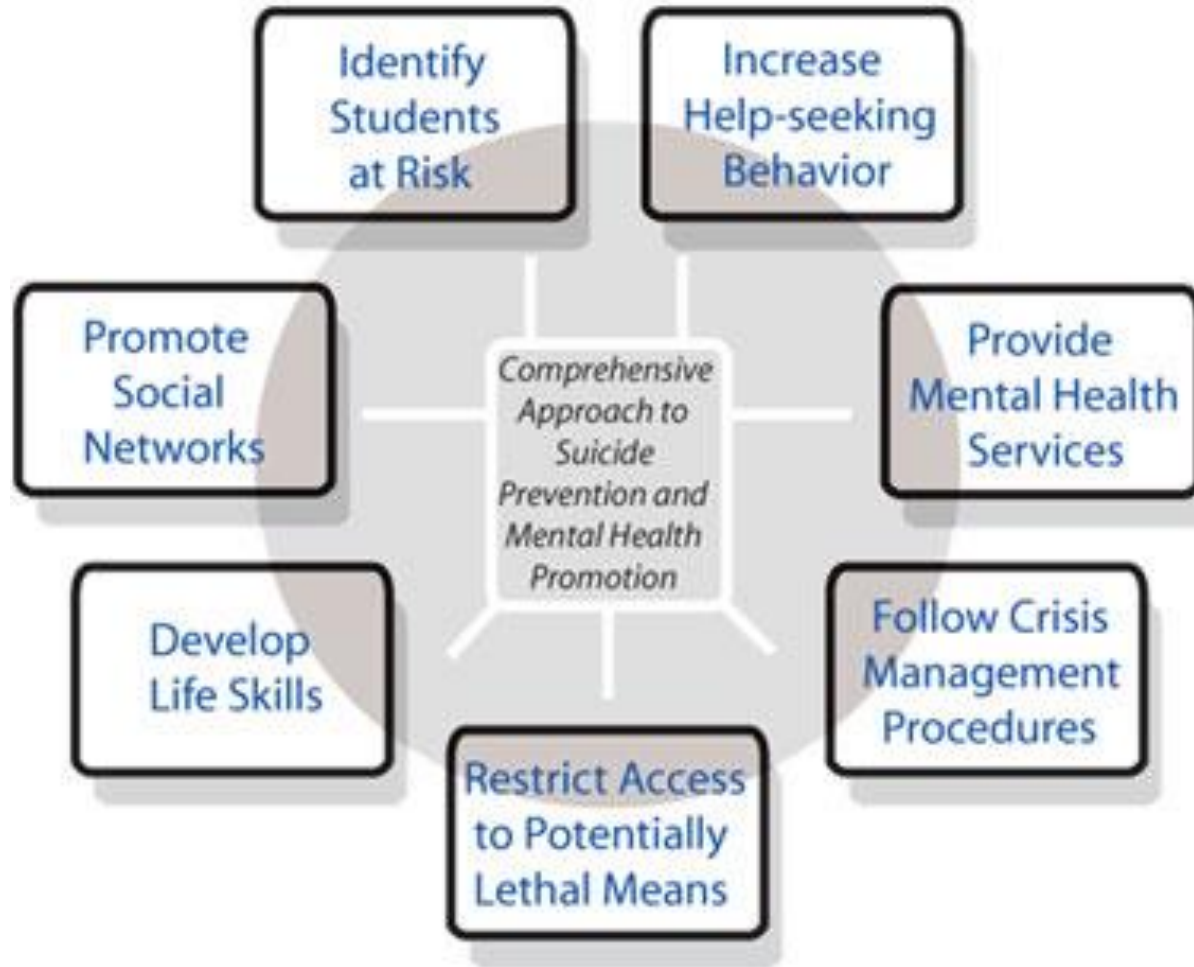
Connecticut Healthy Campus Initiative

CONNECTICUT
HEALTHY
CAMPUS
INITIATIVE



Pre-Grant	During the Grant	After the Grant
Coalition and infrastructure developed, substance abuse focused	Applying the Comprehensive Approach model Providing suicide prevention and postvention trainings Educating coalition on at-risk populations	Apply Comprehensive Model to alcohol prevention efforts to reduce duplicative efforts

Objective 2: Develop, enhance, implement and sustain suicide prevention practices.



Identify Students at Risk

Activity	Sustainment
QPR TOT Connect Prevention TOT	Trainers available
QPR Master Trainer	Reduce future costs
TIP 50	Substance abuse counselors will use skills to identify students
PHQ 2/ PHQ 9	Continue use of questionnaire
Online Depression Screenings	Continue to host screening on counseling center website

Increase Help-Seeking Behavior

Activity	Sustainment
Statewide Awareness Campaign	Materials available via website
Student Support Network DORA Project	Continue to implement the program
Interactive Screening Program	AFSP can fund program
Mental Health Promotion Activities	Ongoing in FYE classes and seminars

Provide Mental Health Services

Activity	Sustainment
AMSR for College Professionals	Continue to use assessment skills
RRSR-PC	Continue to use assessment skills
Off-Campus Behavioral Health Services	Utilize referral network

Follow Crisis Management Procedures

Activity	Sustainment
Developing a Postvention Plan (NAMI NH)	Implement response plan after an untimely death
Policy Review and Revision	Increase campus awareness of protocols
Promote the National Suicide Prevention Lifeline	Continue utilization of the hotline

Restrict Access to Lethal Means

Activity	Sustainment
Environmental Scans	Continue scans of the campus to identify risks Facilities staff is more aware of potential hazards during planning for construction/renovation

Develop Life Skills

Activity	Sustainment
FYE Classes Residence Hall Programs	Continue to incorporate topics into classroom presentations and other programming

Promote Social Networks

Activity	Sustainment
Active Minds	Ongoing student engagement
At-Risk Population Resources: <ul style="list-style-type: none"><li data-bbox="214 705 581 753">• True Colors<li data-bbox="214 779 710 828">• Veterans' Affairs<li data-bbox="214 853 761 902">• CT National Guard	Continue to access resources and training

Thank You!

Andrea Duarte
Andrea.Duarte@ct.gov

Corrine King
CNKing@WheelerClinic.org