COLORADO MESA
UNIVERSITY

Best practices in creating data and surveillance systems on campuses and lessons learned
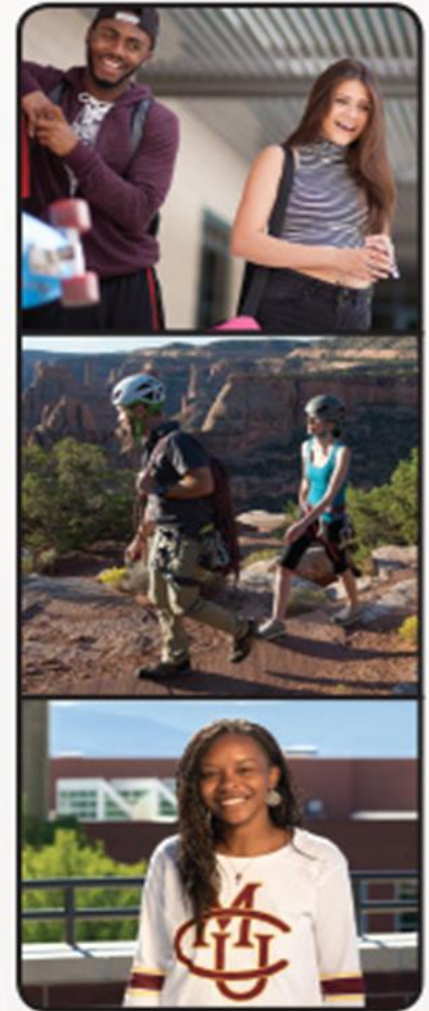
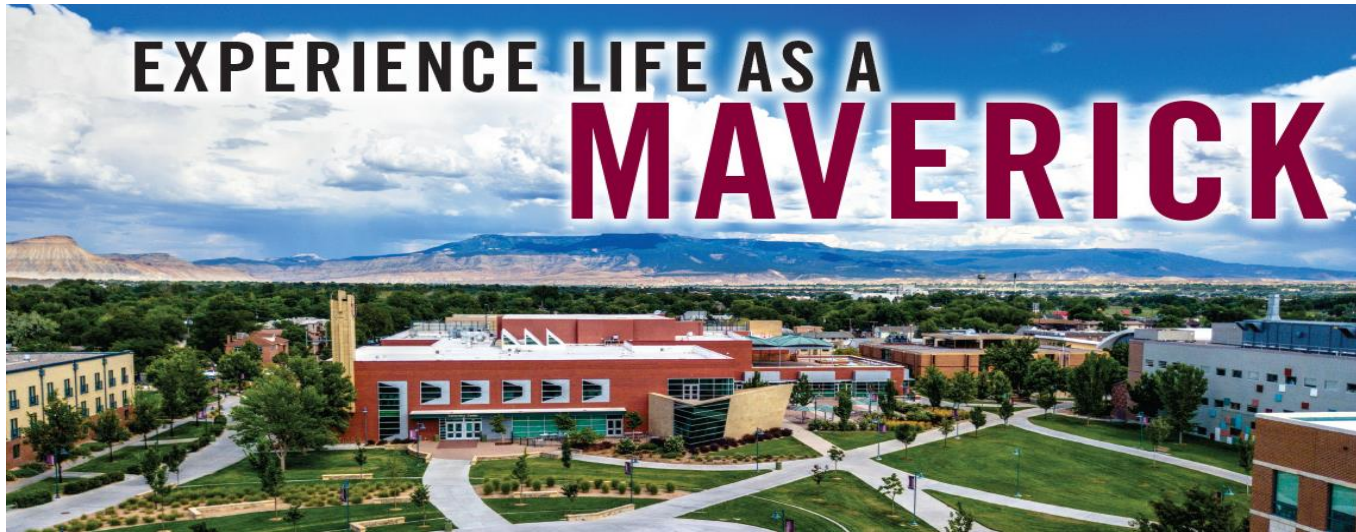Bob Lang LPC, LAC

Disclaimer

The views, opinions, and content expressed in this publication do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).

Objectives

- CMU and being part of the MAV family

- Using data to find the best fit for our students needs

- Internal and external partnerships

- Using data to support sustainability

Fast Facts

Location: Grand Junction on the Western Slope of Colorado
Enrollment: 11,044
Other Locations: Western Colorado Community College (WCCC) and Montrose, Colorado Campus.

Fast Facts

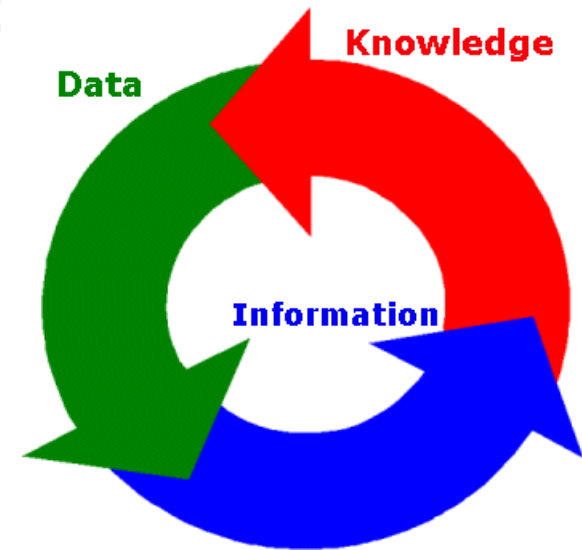**Founded 1925:** Grand Junction Junior College in.
Name change 1937: Mesa College
Name change 1988: Mesa State College
Name change 2011: Colorado Mesa University

Working With the Data

- **Number of behavioral health and medical visits** (Spread sheet)

- **Unique number of behavioral health and medical students** (Spread sheet)

- **Copay and insurance break out and reimbursement** (Pie chart)

- **Number of at risk students identified** (Spread sheet)

- **Student of Concern (SOC) weekly reports** (Spread sheet)

Making the Data Work

- **Identifying student needs**
  - Student's at risk (SOC)
  - Substance Miss Use (PFL)
  - Mental Health
  - TOOLS screening

- **Meeting student needs**
  - Access to services
  - Collaborative efforts
  - Communities care
  - Integrative services

Just The Facts

Access to Care: The Student Wellness Center increased access to behavioral health services
(75%)

Reducing Risks: Provided MH, SUD, DV and Trauma screening to all students seen at the Student Wellness Center, of all enrolled students
(33%)

Supporting Students: Developed Wellness Plans for identified students at risk to support at risk students.
(10%)

- **Building positive working relationships is necessary**

- **Creating well informed multidisciplinary teams**

- **Collaborating internally and externally to provide wrap around supports**

- **Focus on collecting targeted data to identify the need and impact**