Connecticut H. S. Universal Suicide Prevention Project SOS 2007-2009

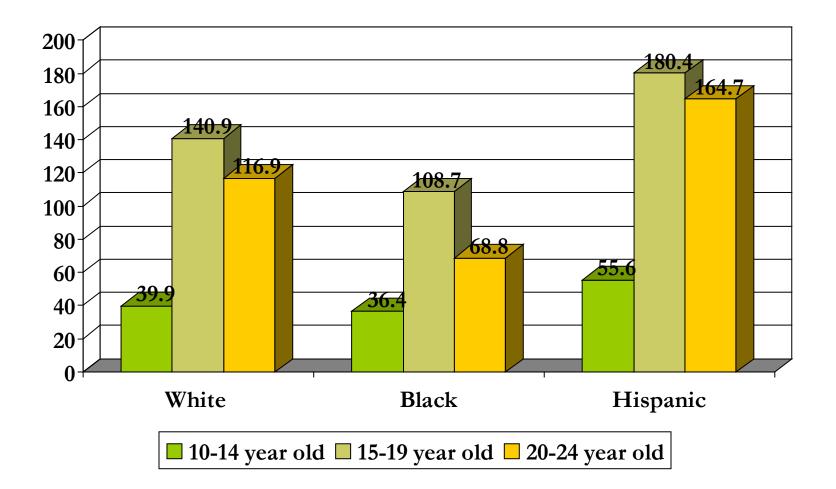
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#### CT Youth Suicide

- 372 Connecticut children and youth ages 10-24 died by suicide 1999-2009 (CT OCME)
- 23 Ages 10-14 (55% male)
   154 Ages 15-19 (81% male)
   195 Ages 18-24 (89% male)

## CT Self Inflicted Injury ED Visits (per 100K) by Race CT DPH 2005-2007



## SOS Program

- 1-2 Day in-school presentation program comprised of self screening form, DVD and discussion guide (ACT)
- ACKNOWLEDGE that their friend has a problem, and that the symptoms are serious.
- **<u>CARE</u>** let that friend know that they are there for them, and want to help.
- **TELL** a trusted adult about their concerns

## Hypotheses and Study Design

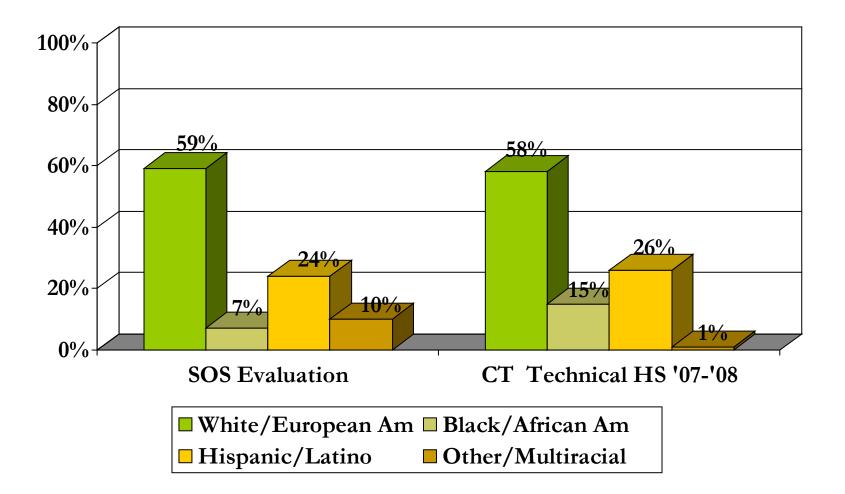
- Hypotheses: Grade 9 students exposed to the SOS suicide prevention program will have greater gains in Knowledge, Adaptive Attitudes about suicide and report less suicidal behavior
- Methods: CT students recruited from 16 Technical and one comprehensive HS.
- Pretest-post test design
- Schools were randomly assigned to treatment and control conditions

#### Students Surveyed

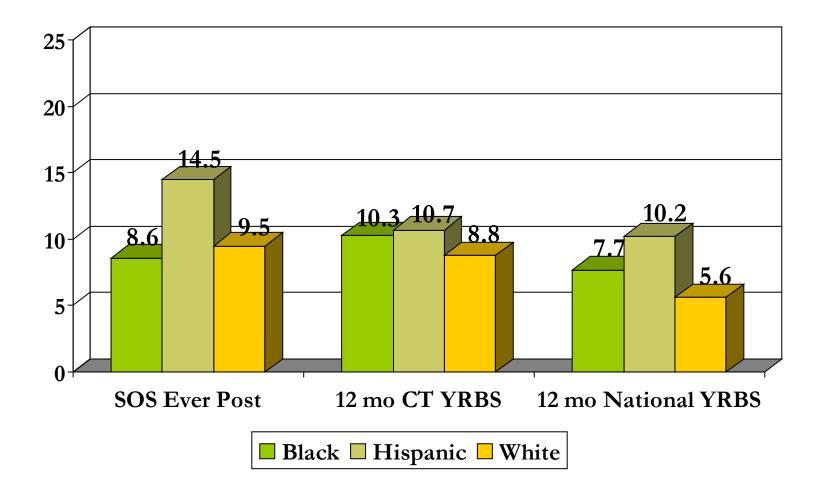
#### A total of 1586 students were surveyed at least 1 time.

1286 @ pretest
1261 @ posttest

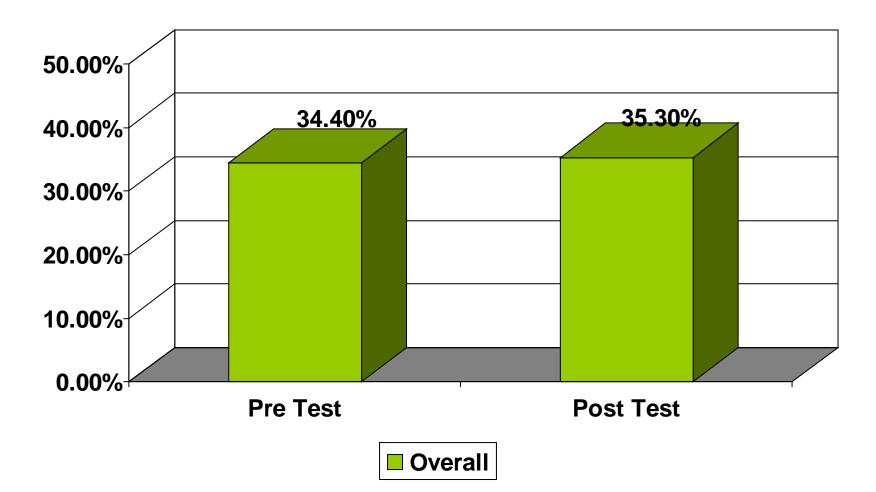
## Demographic Profile of Participants



### Percent Self Report Suicide Attempt SOS vs CT and National 2007 YRBS

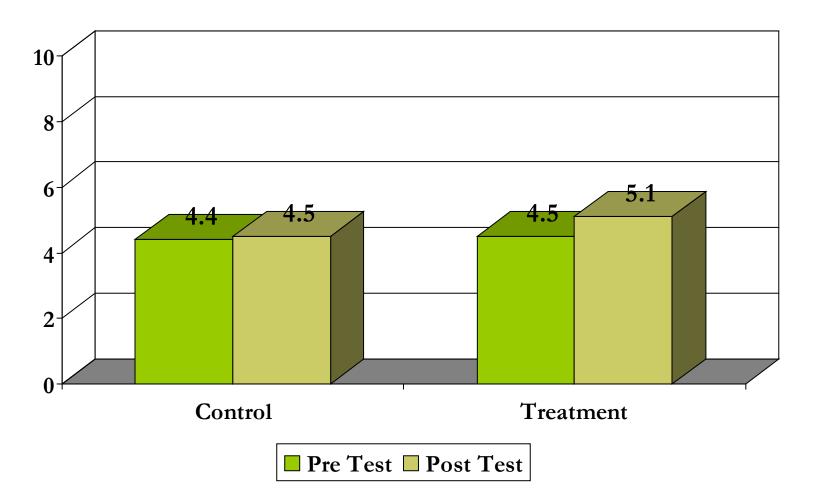


## Students Reporting Close Person Committed or Attempted Suicide



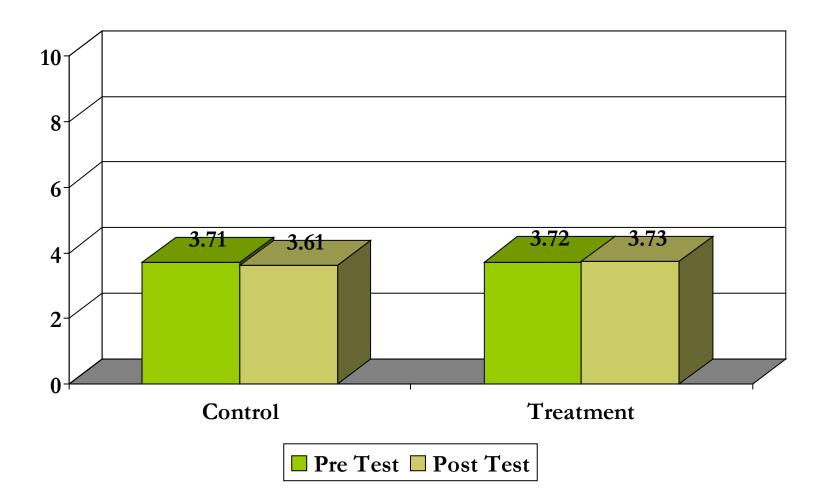
# Knowledge About Suicide

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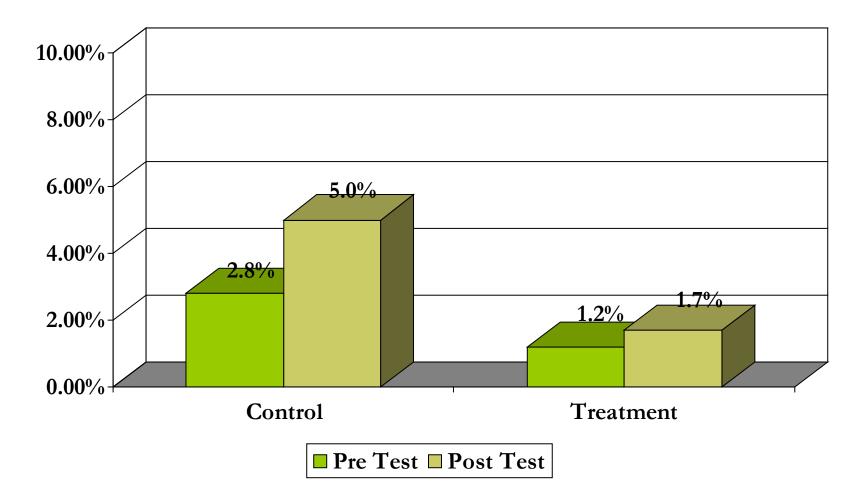


#### Attitudes Toward Suicide

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## Self Reported Suicide Attempt



## Acknowledgements

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