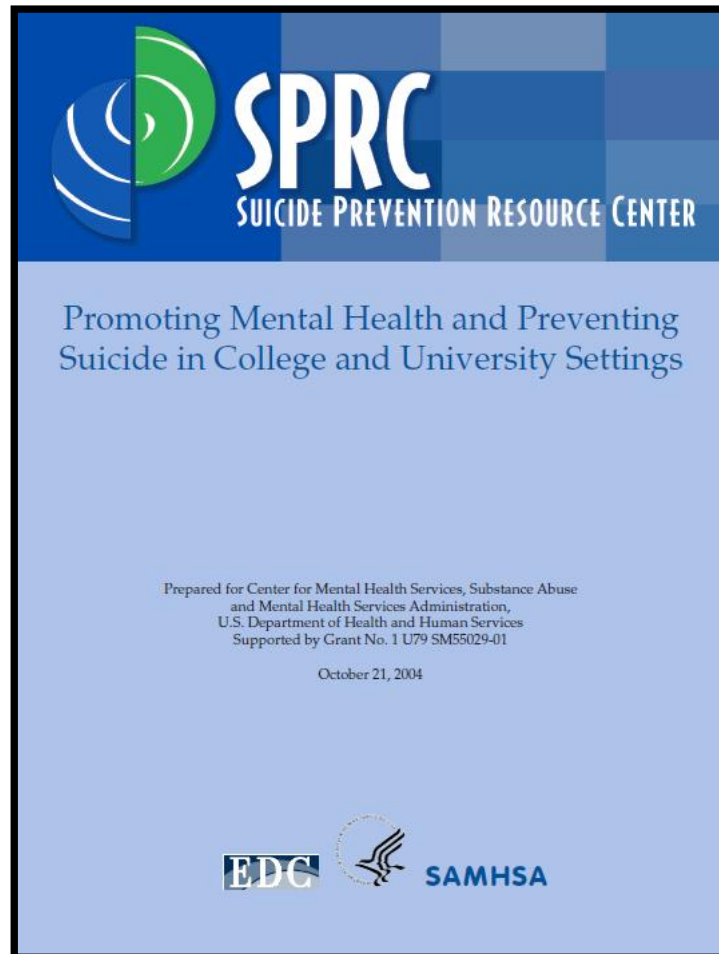




# Suicide Prevention Means Reduction on College Campuses

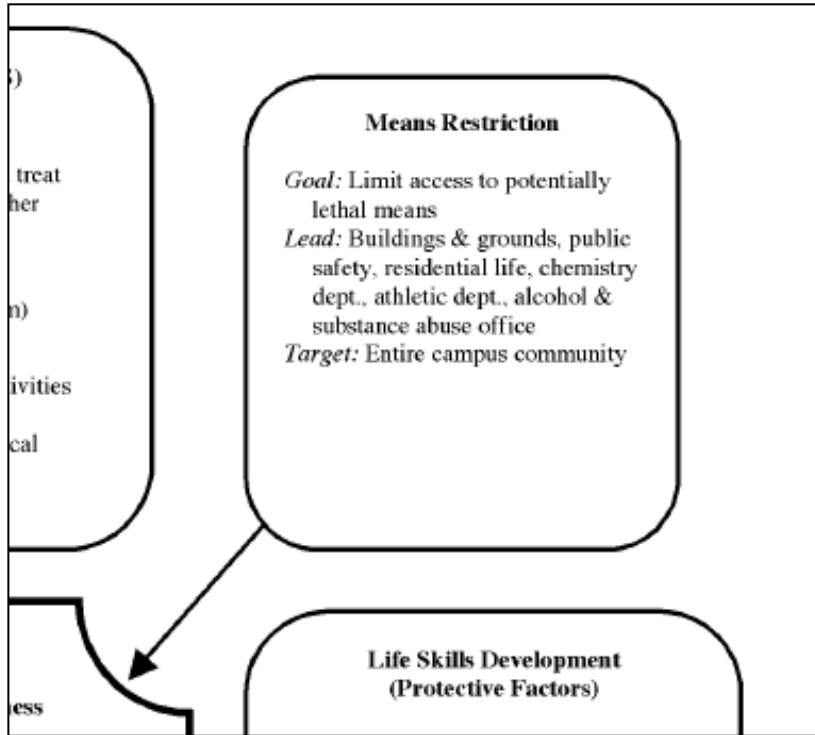
Jim Gouveia, LCSW, ACSW  
Oregon State University, CAPS

# + Campus Wide Gap Analysis





# Campus Wide Gap Analysis



## Components include:

- Questionnaire/Screening
- Mental Health Services
- Means Restriction
- Crisis Management
- Educational Programs
- Social Marketing
- Social Network Promotion
- Life Skills Development

- Jed/EDC Partnership Model: Elements of a Comprehensive Suicide Prevention Program for Colleges and Universities

# + Setting Priorities from the Gap Analysis

- Able to articulate our strengths and our gaps across campus
- Coalition was able to determine priorities based on that knowledge





# Setting Priorities from the Gap Analysis



- OSU set the following three initiatives:
  - Universal Mental Health Screening for Depression with emphasis on LGBTQ and students in poverty
  - Means restriction, Gun Locks, Securing facilities, Greek Life Alcohol and Firearms Policy
  - Crisis Management across campus, expanding the knowledge of the current student at risk protocol, and instituting a post suicide policy.

# + Story of the Unwanted Prescription Drop Box on Campus

- Took years and a few phone calls.





# Forming Coalitions Campus wide



- Determine who your partners are based on the high risk groups
- Engage campus partners in how this partnership will benefit students but also benefit the work the partners do on campus
- Use research and resources to guide your work:
  - Jed Foundation
  - American Association of Sociology
  - Suicide Prevention Resource Center
  - Substance Abuse and Mental Health Services Administration
  - American Foundation of Suicide Prevention

# + Building Relationships

- Relationship building outside of your area of expertise key to a successful, engaged, and diverse coalition.

